

# GRATITUDE

letting others know  
you see how they've  
helped you

WEEK  
2

## Read Ephesians 1:16

DAY 1

Paul traveled around telling people about Jesus and starting churches to help these new believers grow in their faith. He also wrote letters to encourage people in their faith, many of those letters are now books in the New Testament of the Bible.

And at the beginning of almost all of Paul's letters who took time to stop and say "thank you." This was a big deal to these new believers because they needed encouragement. They needed to hear Paul say that he was thankful for them and their willingness to follow God and tell other people about him.

Is there someone in your world who you need to thank? Is there someone who has done something super nice for you that you haven't expressed gratitude for? Ask for some paper and an envelope then take a few minutes to write that person a thank you note. As you write it, be specific about what the person did that you are thankful for. Your challenge is to not only write the note but to deliver it to that person by the end of the week.

**Thank** God for loving you and allowing you to show gratitude to others like Paul did.

## Read Luke 17:11-19

DAY 2

If you had a disease like leprosy and suddenly someone healed you, you would think it would be pretty easy to say "thank you." But look again at verse 15. How many of the ten that were healed actually took the time to say "thank you"? Yep. Only one. Can you believe that?

It's easy to think you would stop and said thank you to Jesus. But think about it. When was the last time, without being reminded by your mom or dad, that you actually said "thank you" to the people closest to you?

Well, there's no time like right now. Go say "thank you" to someone in your house for something specific that they've done for you in the past few days. Don't be like the 9 who walked away as if nothing had changed. Be like the one and take time to say "thank you"!

**Ask** God to help you say "thank you" every time someone does something nice for you!



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## Read John 11:41-42

DAY 3

Lazarus has passed away, and his family was devastated. And Jesus waited three days before showing up to help. As He stood before the tomb, waiting to perform an incredible miracle, He paused. Jesus looked up and THANKED His Father. Before bringing Lazarus back from the dead, Jesus took the time to say "thank you." He wanted everyone there to hear Him say those words and recognize the One who had sent Him.

How do you think God felt in that moment? Do you think He was pleased that Jesus would stop what He was doing and thank Him? When was the last time someone said "thank you" to you? How did that make you feel?

Take a look at your "thankfulness jar." How's it going? How are you doing at filling it up? Are you taking the time to write down the things you're thankful for?

**Look** for ways to say "thank you" this week.

## Read Hebrews 12:28

DAY 4

Do you know what it means to worship God? Worship is about praising Him. Worship is about praying and thanking God. But worship is also how you LIVE your life every day to point others to a God who loves them. When you make wise choices, when you treat others the way you want to be treated, when you trust God no matter what—you are living a life of worship. And as this verse tells us, that kind of worship is pleasing to God.

God is pleased when we take the time to worship Him. When we spend time focusing on all the things that are true about Him and when we take the time to tell Him "thank You" for all He's done for us, that's also a big way to worship Him.

Find a worship song to listen to or sing your favorite worship song. Take some time to praise God in your room, just you and Him. Don't worry about looking or sounding silly. God will be pleased that you chose to worship Him and take time to say "thank you."

**Know** that God loves it when you take time to worship Him.



Take time to  
say thank you.



252 HOME

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